

**Boxing**  
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**Burmese Martial Arts**  
**Capoeira**  
**Chinese Martial Arts**  
**Combat Submission Wrestling**  
**Conditioning**  
**Fencing/European Martial Arts**  
**Filipino Martial Arts**  
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**Jeet Kune Do/Bruce Lee**  
**Judo/Japanese Jiu-Jitsu**  
**Korean Martial Arts**  
**Martial Arts Documentaries**  
**Martial Arts Movies/Television Shows**  
**Miscellaneous Grappling Arts**  
**Miscellaneous Martial Arts**  
**Mixed Martial Arts**  
**Sambo**  
**Self-Defense**  
**Seminars/Demonstrations**  
**Southeast Asian Martial Arts**  
**Tai Chi/Qigong**  
**Thai Martial Arts**  
**Wing Chun**  
**Wrestling**

## **Boxing**

50 Legendary Stars - Boxing

A.K.A. Cassius Clay

Ali the Fighter

An Untold Triumph

Boxing Training Drills with Troy Dorsey Vol. 1 - Advanced

Boxing Training Drills with Troy Dorsey Vol. 2 - Elite

Boxing's Best: Boxing's Greatest Champions

Boxing's Best: Grudge Fights

Champions Forever

Complete Boxing Knockouts, Vol. 1

Complete Boxing Knockouts, Vol. 2

Complete Boxing Knockouts, Vol. 3

Complete Boxing Knockouts, Vol. 4

Dempsey - Eight Fights

Dempsey vs Brennan

Dempsey vs Carpentier

Dempsey vs Firpo

Dempsey vs Gibbons

Dempsey vs Sharkey

Dempsey vs Tunney I

Dempsey vs Tunney II

Dempsey vs Willard

Fitzsimmons vs Corbett

Fitzsimmons vs Jeffries

Fitzsimmons vs Lang

History of Boxing

How to Properly Work a Fighter's Corner from Ringside

Jeffries vs Sharkey

Joe Louis Story

Johnson vs Moran

Kings of the Ring

Langford vs Flynn  
Leonard vs Cushing  
Louis vs Braddock  
Louis vs Schmeling  
Marciano vs Ali  
Marciano vs Walcott  
Marciano vs. Charles II  
Marciano vs. Cockell  
Marciano vs. LaStarza II  
Marciano vs. Layne  
Marciano vs. Louis  
Marciano vs. Moore  
Mastering the Mitts  
Muhammed Ali through the Eyes of the World  
Muhammed Ali: The Greatest, 1964 – 1974  
Robinson vs Castellani  
Robinson vs Graziano  
Robinson vs LaMotta  
Robinson vs Maxim  
Speed Bag Bible, Vol. 1, Intro to Speed Bag Training Program by Alan Kahn  
Speed Bag Bible, Vol. 2, Elbow Striking Techniques by Alan Kahn  
Speed Bag Bible, Vol. 3, Speed Bag Side Techniques by Alan Kahn  
Speed Bag Bible, Vol. 4, Advanced Combinations by Alan Kahn  
Street Boxing, Vol. 1, Street Boxing Defense  
Street Boxing, Vol. 2, Power Offense & Kicking  
Street Boxing, Vol. 3, Boxing in the Clinch  
Sugar Ray Leonard Fight Compilation, disk 1  
Sugar Ray Leonard Fight Compilation, disk 2  
Sugar Ray Leonard Fight Compilation, disk 3  
Sugar Ray Leonard Fight Compilation, disk 4  
Sugar Ray Leonard Fight Compilation, disk 5  
Sugar Ray Leonard Fight Compilation, disk 6  
Sugar Ray Leonard Fight Compilation, disk 7

Sugar Ray Leonard Fight Compilation, disk 8  
Sugar Ray Leonard Fight Compilation, disk 9  
The Champion Collection: Jack Dempsey  
The Champion Collection: Joe Louis  
The Champion Collection: Muhammed Ali  
The Champion Collection: Rocky Marciano  
The Fight: American Experience  
The Last Round: Chuvalo vs. Ali  
The Perfect Punch  
The World's Greatest Fights: Muhammed Ali's Greatest Fights  
Title Boxing Instructional Series, Vol. 1 - How To Hit The Heavy Bag  
Title Boxing Instructional Series, Vol. 10 - Interval Boxing Training  
Title Boxing Instructional Series, Vol. 11 - Attacking And Punching At Angles  
Title Boxing Instructional Series, Vol. 12 - Advanced Training And Boxing Techniques  
Title Boxing Instructional Series, Vol. 13 - Bigger And Stronger  
Title Boxing Instructional Series, Vol. 14 – Faster  
Title Boxing Instructional Series, Vol. 15 - Explosive Quickness  
Title Boxing Instructional Series, Vol. 16 - Medicine Ball Workout  
Title Boxing Instructional Series, Vol. 2 - Boxing Defensive Skills And Drills  
Title Boxing Instructional Series, Vol. 3 - How To Wrap Hands For Training And Competition  
Title Boxing Instructional Series, Vol. 4 - How To Be An Effective Body Puncher  
Title Boxing Instructional Series, Vol. 5 - How To Properly Work A Fighter's Corner  
Title Boxing Instructional Series, Vol. 6 - How To Hit The Punch Mitts  
Title Boxing Instructional Series, Vol. 7 - Counter Punching  
Title Boxing Instructional Series, Vol. 8 - How To Box - The Basics  
Title Boxing Instructional Series, Vol. 9 - Achieve Speed And Power In Boxing  
When We Were Kings

### **Brazilian Jiu Jitsu**

Advanced Jiu-jitsu Moves Vol. 1 - Throws And Takedowns by Ralph Gracie  
Advanced Jiu-jitsu Moves Vol. 2 – Defense - Punches, Knees, Head-butts, Headlocks by Ralph Gracie  
Advanced Jiu-jitsu Moves Vol. 3 - Chokes & Counters by Ralph Gracie

Advanced Jiu-jitsu Moves Vol. 4 - Counters To Armbars, Leglocks and Suplexes by Ralph Gracie

Brazilian Jiu-Jitsu & Vale Tudo Series: The Guard, Vol. 1 by Wallid Ismael

Brazilian Jiu-Jitsu: Superior Tournament Fighting Takedown Techniques by Kazeka Muniz

Brazilian Jiu.Jitsu Ultimate Winning Techniques Vol.1 by Gene Simco

Brazilian Jiu.Jitsu Ultimate Winning Techniques Vol.2 by Gene Simco

Brutal Guard Submissions by Mark Hatmaker

Combat Jiu-Jitsu, Vol. 1 by Walt Bayless

Combat Jiu-Jitsu, Vol. 2 by Walt Bayless

Combat Jiu-Jitsu, Vol. 3 by Walt Bayless

Combat Jiu-Jitsu, Vol. 4 by Walt Bayless

Combat Jiu-Jitsu, Vol. 5 by Walt Bayless

Escape from Impossible Holds, Vol. 1 by Mark Hatmaker

Escape from Impossible Holds, Vol. 2 by Mark Hatmaker

Gracie Jiu-Jitsu Advanced Bonus: Helio Gracie: The Father Of Brazilian Jiu-Jitsu

Gracie Jiu-Jitsu Advanced, Vol. 2: Foot Locks: Offenses And Defenses

Gracie Jiu-Jitsu Advanced, Vol. 3: Finishing Moves From Standing Up And Combat Strategies

Gracie Jiu-Jitsu Basics Bonus: How To Handle Stand-Up Aggression

Gracie Jiu-Jitsu Basics, Vol. 1: How to Close the Distance/How to Escape From the Mounted

Gracie Jiu-Jitsu Basics, Vol. 2: How To Pass The Guard / How To Escape From Headlocks

Gracie Jiu-Jitsu Basics, Vol. 3: Finishing Holds: Armlocks And Chokes

Gracie Jiu-Jitsu Intermediate, Vol. 1: Attacks from the Mount by Rorion & Royce Gracie

Gracie Jiu-Jitsu Intermediate, Vol. 2: Attacks & Reversals from Guard by Rorion & Royce Gracie

Gracie Jiu-Jitsu Intermediate, Vol. 3: Offense & Defense from Cross Mount by Rorion & Royce Gracie

Gracie Jiu-Jitsu Intermediate, Vol. 4: Bonus by Rorion & Royce Gracie

Gracie Jiu-Jitsu Street Self-Defense Bonus: Street Smarts

Gracie Jiu-Jitsu Street Self-Defense, Vol. 1: Chokes, Bear Hugs, Grabs, Weapon (Club)

Gracie Jiu-Jitsu Street Self-Defense, Vol. 2: Strikes, Pinned Against A Wall, Weapon (Knife)

Gracie Jiu-Jitsu Street Self-Defense, Vol. 3: Headlocks, Shoulder Grabs, Weapon (Gun)

Gracie Jiu-Jitsu Street Self-Defense, Vol. 4: Street Defense

Gracie Jiu-Jitsu The Key To The Gracie System Of Self Defense

Gracie Jiu-Jitsu, Advanced, Vol. 1: Defenses Against Attacks From The Mount: Front And Back

Greatest Jiu-Jitsu Techniques Vol. 1 – Sweeps by Fabio Gurgel

Greatest Jiu-Jitsu Techniques Vol. 2 - Passing the Guard by Fabio Gurgel

Greatest Jiu-Jitsu Techniques Vol. 3 - Submissions, Part I by Fabio Gurgel

Greatest Jiu-Jitsu Techniques Vol. 4 - Submissions, Part II by Fabio Gurgel

Guard Submissions by Mark Hatmaker

Jean Jacques Machado: Master of Ground Fighting: Vol. 1

Jean Jacques Machado: Master of Ground Fighting: Vol. 2

Jiu Jitsu Cookbook by Jeff Monson and Dennis Hallman

Machado Jiu-Jitsu Instructional Vol. 1 – Passing the Guard

Machado Jiu-Jitsu Instructional Vol. 2 – Sweeps

Machado Jiu-Jitsu Instructional Vol. 3 – The Half-Guard

Machado Jiu-Jitsu Instructional Vol. 5 – Favorite Finishing Holds

Pedro Carvalho Jiu-Jitsu Series 2 Vol. 12 Training Drills and Conditioning

Practical Grappler, Vol. 1

Practical Grappler, Vol. 2

Practical Grappler, Vol. 3

Renzo Gracie Brazilian Jiu-Jitsu Vol. 1: Beginning Armlocks

Renzo Gracie Brazilian Jiu-Jitsu Vol. 2: Advanced Armlock

Renzo Gracie Brazilian Jiu-Jitsu Vol. 3: Escape From The Bottom

Renzo Gracie Brazilian Jiu-Jitsu Vol. 4: Escape From The Headlock

Renzo Gracie Brazilian Jiu-Jitsu Vol. 5: The Guard

Renzo Gracie Brazilian Jiu-Jitsu Vol. 6: Defending The Mount

Renzo Gracie Brazilian Jiu-Jitsu Vol. 7: Beginning Chokes

Renzo Gracie Brazilian Jiu-Jitsu Vol. 8: Advanced Chokes

Renzo Gracie Brazilian Jiu-Jitsu Vol. 9: The Mounted Position

Renzo Gracie Brazilian Jiu-Jitsu Vol. 10: Passing The Guard

Renzo Gracie Brazilian Jiu-Jitsu Vol. 11: Takedowns And The Clinch

Science of Jiu-jitsu Vol. 1 – Defending Against the Guard Pass (Maia)

Science of Jiu-jitsu Vol. 6 – Counter Attacks (Maia)

Serra Brazilian Jiu-Jitsu Basics Vol. 1 – The Guard

Serra Brazilian Jiu-Jitsu Basics Vol. 2 – Side Control

Serra Brazilian Jiu-Jitsu Basics Vol. 3 – The Mount

Serra Brazilian Jiu-Jitsu Basics Vol. 4 – The Back Mount

### **Burmese Boxing/Bando**

Bando, Banshay, & Thaing Demonstrations from Burma

Bando Kickboxing Tournament, 2005

Bando Nationals, 2001

Bando Tournaments, Miscellaneous

Bando Training 1987 CCC

Bare-Fist Burmese Boxing, Vol. 1

Bare-Fist Burmese Boxing, Vol. 2

Bare-Fist Burmese Boxing, Vol. 3

Best of Lumpine Stadium, Vol. 4

Burmese Boxing: The Last Gladiators of Asia by Zoran Rebac

Crossbreeding Kali & Krabi Krabong by the Dog Brothers

Crossed Swords: A Tribute to the Earl Mountbatten of Burma. Gyi, M. (1982).

Into Combat S.A.I.D. Training: Kickboxing by J.C. Santana & Rhadi Ferguson

K-1 World Grand Prix Championships 2004

### **Capoeira**

Advanced Capoeira by Mestre Paulao Ceara

Capoeira Bahia by Mestre Bira Almeida

Capoeira by Mestre Mao Branca

Grupo Axé Capoeira - Fundamentals

Mastering Capoeira Vol. 2 - Fundamentals

Mastering Capoeira Vol. 3 - Intermediate Techniques

Mastering Capoeira Vol. 8 - History & Traditions

Mastering Capoeira Vol.1 - Conditioning Exercises

### **Chinese Martial Arts**

Dragons of the Orient

Drunken Fist Form

Drunken Fist Fundamentals

Drunken Kung Fu  
Myths & Logic of Shaolin Kung-Fu  
Pakua Chang by Ji Jian Cheng  
Secret of the Warrior's Power: Kung Fu  
Shaolin Ulysses: Kung Fu Monks in America  
Shuai Jiao Chinese Wrestling with Peter Chema Vol. 1  
This is Kung Fu

### **Combat Submission Wrestling**

Best Defense, Vol. 1, Vale Tudo Focus Mitt Drills by Erik Paulson  
Best Defense, Vol. 2 by Erik Paulson  
Best Defense, Vol. 3 by Erik Paulson  
Best Defense, Vol. 4 by Erik Paulson  
Best Defense, Vol. 5 by Erik Paulson  
CSW 2001 Seminar, Stand Up I by Erik Paulson  
CSW 2001 Seminar, Stand Up II by Erik Paulson  
CSW 2001 Seminar, Triangles I by Erik Paulson  
CSW 2001 Seminar, Triangles II by Erik Paulson  
CSW Essentials Series, Vol. 1, Takedowns Off the Punch by Erik Paulson  
CSW Essentials Series, Vol. 2, The Plumm by Erik Paulson  
CSW Essentials Series, Vol. 3, Pummeling by Erik Paulson  
CSW Essentials Series, Vol. 4, Vale Tudo Guard Passes by Erik Paulson  
CSW Essentials Series, Vol. 5, Submissions from Positions by Erik Paulson  
CSW Instructor's Tape  
Erik Paulson's Arm Bar Series, Vol. 1, Basic Kneeling and Standing by Erik Paulson  
Erik Paulson's Arm Bar Series, Vol. 2, Basic Attacks from Different Positions by Erik Paulson  
Erik Paulson's Arm Bar Series, Vol. 3, Advanced Guard Attacks by Erik Paulson  
Erik Paulson's Arm Bar Series, Vol. 4, Arm Catch Grip Breaks by Erik Paulson  
Erik Paulson's Arm Bar Series, Vol. 5, Advanced Attacks by Erik Paulson  
Erik Paulson's Arm Bar Series, Vol. 6, Bonus Tape of Erik's Shooto Class by Erik Paulson  
Extreme Fights with Erik Paulson  
Game Development by Erik Paulson  
Killer Chicken Wings, Vol. 1 by Erik Paulson

Killer Chicken Wings, Vol. 2 by Erik Paulson  
Killer Leg Locks, Vol. 1 by Erik Paulson  
Killer Leg Locks, Vol. 2 by Erik Paulson  
Killer Mount Position by Erik Paulson  
Killer Tackles, Takedowns, and Throws by Erik Paulson  
Killer Tackles, Takedowns, Throws, and Counters by Erik Paulson  
Killer Vale Tudo by Erik Paulson  
Motion Master by Erik Paulson  
The Complete Fighter Series: Game Development by Erik Paulson  
Ultimate MMA Training Competition Cross Training Vol. 1 by Erik Paulson  
Ultimate MMA Training Competition Cross Training Vol. 2 by Erik Paulson  
Ultimate MMA Training Competition Cross Training Vol. 3 by Erik Paulson  
USA Shooto Competition, Aug. 4<sup>th</sup>, 1996

### **Conditioning**

Combat Conditioning Back & Ab Workout by Matt Furey  
Combat Conditioning Leg & Lung Workout by Matt Furey  
Combat Conditioning Push Up Workout by Matt Furey  
Combat Stretching Vol. 1 Dynamic Stretching by Matt Furey  
Combat Stretching Vol. 2 Deep Breathing & Isometric Stretching by Matt Furey  
Combat Stretching Vol. 3 Energy Drills & Joint Loosening by Matt Furey  
Frank Shamrock Vol. 1 - Ultimate Home Workout  
Handstand Training by Matt Furey  
Max Kettlebells, Vol. 1: Kettlebell Basics  
Max Kettlebells, Vol. 2 : Max Kettlebell for Grapplers  
The Essence of Dumbbell Training by Juan Carlos Santana

### **French Martial Arts/Fencing**

Canne de Combat Championships 2005  
La Canne by Bertrand Dubreuil  
La Verdadera Destreza The Art & Skill of Spanish Swordsmanship Vol. 1 by Maestro Ramón Martínez

La Verdadera Destreza The Art & Skill of Spanish Swordsmanship Vol. 2 by Maestro Ramón Martínez

Sport Fencing Footwork by Gerry Duran

### **Filipino Martial Arts**

Definitive Dan Inosanto Collection, Vol. 4: Kali / Panatukan

Definitive Dan Inosanto Collection, Vol. 5: Kali / Dumog

Doce Pares Espada Y Daga by Diony Canete

Doce Pares System by Diony Canete

Filipino Martial Arts by Dan Inosanto, Vol. 1

Filipino Martial Arts by Dan Inosanto, Vol. 2

Filipino Martial Arts by Dan Inosanto, Vol. 3

Filipino Martial Arts by Dan Inosanto, Vol. 4

Filipino Martial Arts by Dan Inosanto, Vol. 5

Filipino Martial Arts by Dan Inosanto, Vol. 6

Kali Knife Fighting by Ron Balicki

Original 64 Attacks of Pekiti Tirsia by Greg Alland

Philippine Fighting Arts: Vol. 1: Single-Stick Tactics and Applications by Julius Melegrito

Philippine Fighting Arts: Vol. 2: Double-Stick Tactics and Applications by Julius Melegrito

Philippine Fighting Arts: Vol. 3: Knife Tactics and Applications by Julius Melegrito

Way of the Warrior - Eskrima the Philippine Way

### **Indonesian Martial Arts**

Combat Silat, Vol. 1, Blitzing Hands by Pak Victor deThouars

Combat Silat, Vol. 2, Blitzing Blades by Pak Victor deThouars

Combat Silat, Vol. 3, Blitzing Hands & Stick by Pak Victor deThouars

Combat Silat, Vol. 4, Blitzing Sticks & Hands, by Pak Victor deThouars

Combat Silat, Vol. 5, Blitzing Sambat, by Pak Victor deThouars

Combat Silat, Vol. 6, Blitzing Hands & Blades, by Pak Victor deThouars

Deadly Art of Silat-Serak, Vol. 1 by Pak Victor deThouars

Deadly Art of Silat-Serak, Vol. 2 by Pak Victor deThouars

Fear No Man on Earth: Master Kali-Silat's Deadly Skills with Eddie Jafri

Pencak Silat Mande Muda, Vol. 1, Fundamentals by Pak Herman Suwanda

Pencak Silat Mande Muda, Vol. 10, Sarong by Pak Herman Suwanda  
Pencak Silat Mande Muda, Vol. 11, Silat Documentary I by Pak Herman Suwanda  
Pencak Silat Mande Muda, Vol. 12, Silat Documentary II by Pak Herman Suwanda  
Pencak Silat Mande Muda, Vol. 2, Groundfighting & Harimau by Pak Herman Suwanda  
Pencak Silat Mande Muda, Vol. 7, Harimau by Pak Herman Suwanda  
Pencak Silat Mande Muda, Vol. 8, Advanced Harimau & Cimande by Pak Herman Suwanda  
Pencak Silat Mande Muda, Vol. 9, Sebetan & Harimau by Pak Herman Suwanda  
Pentjak Silat Bukti Negara Instructional series, Vol. 1 by Pendekar Paul DeThouars  
Pentjak Silat Bukti Negara Instructional series, Vol. 2 by Pendekar Paul DeThouars  
Pentjak Silat Bukti Negara Instructional series, Vol. 3 by Pendekar Paul DeThouars  
Pentjak Silat Bukti Negara Instructional series, Vol. 4 by Pendekar Paul DeThouars  
Pentjak Silat Bukti Negara Instructional series, Vol. 5 by Pendekar Paul DeThouars  
Pentjak Silat Bukti Negara Instructional series, Vol. 6 by Pendekar Paul DeThouars  
Pentjak Silat Bukti Negara Instructional series, Vol. 7 by Pendekar Paul DeThouars  
Pentjak Silat Bukti Negara Instructional series, Vol. 8 by Pendekar Paul DeThouars  
Pentjak Silat Bukti Negara, Introduction by Pendekar Paul DeThouars  
Pentjak Silat Bukti Negara, PDT Academy Advanced Class, March, 1991  
Pentjak Silat Bukti Negara, PDT Academy, Advanced Class, March, 1991, L.A., CA.  
Pukulan Pentjak Silat: The Devastating Fighting Art of Bukti Negara-Serak by Stevan Plinck  
Silat Concepts Vol. 1 – Upper Art (Simonet)  
Silat Concepts Vol. 2 – Lower Art (Simonet)  
Silat Fundamentals Virtual Seminar Vol. 1  
Silat Fundamentals Virtual Seminar Vol. 2  
Silat Fundamentals Vol. 2  
The New World of Martial Arts with Dan Inosanto  
VDT Academy Instructor Series, Phase 1-A by Pak Victor deThouars  
VDT Academy Instructor Series, Phase 1-B by Pak Victor deThouars  
VDT Academy Instructor Series, Phase 1-C by Pak Victor deThouars  
VDT Academy Training Series, Vol. 1 by Pak Victor deThouars  
VDT Academy Training Series, Vol. 11 by Pak Victor deThouars  
VDT Academy Training Series, Vol. 4 by Pak Victor deThouars  
VDT Academy Training Series, Vol. 7 by Pak Victor deThouars

## **Japanese Martial Arts**

Aikido Basics by Yoshimitsu Yamada  
Kyokushin Karate Encyclopedia Vol. 2  
Kyokushin Karate Encyclopedia Vol. 3  
Mastering Ninja Combat Tactics Vol. 1 by Bussey  
Morihei Ueshiba and Aikido Vol 1 Aiki Budo

## **Jeet Kune Do/Bruce Lee**

1<sup>st</sup> Annual Jun Fan/Jeet Kune Do Conference (JKD Nucleus)  
Bob Bremer Interview  
Bruce Lee & James Coburn footage  
Bruce Lee Home Video Clips Complete  
Bruce Lee A & E Biography  
Bruce Lee and Kung Fu Mania  
Bruce Lee Supertape  
Bruce Lee: A Dragon Story  
Bruce Lee: A Warrior's Journey  
Bruce Lee: Famous Families  
Bruce Lee: The Immortal Dragon  
Bruce Lee: Long Beach Internationals  
Bruce Lee: Lord of Power by Patrick Strong  
Bruce Lee: Lord of Shock by Patrick Strong  
Bruce Lee: Lord of Speed by Patrick Strong  
Bruce Lee: Master of the Inner Game by Patrick Strong  
Bruce Lee: Oakland Footage  
Bruce Lee: Path of the Dragon  
Bruce Lee: The Intercepting Fist  
Bruce Lee: The Legend  
Bruce Lee: The Lost interview  
Bruce Lee's Fighting Method by Ted Wong & Richard Bustillo  
Bruce Lee's Home Video Collection  
Bruce Lee's Non-Classical Gung Fu 2 by Jesse Glover

Bruce Lee's Non-Classical Gung Fu by Jesse Glover  
Bruce Lee's Non-Classical Sticking Hands by Jesse Glover  
Bruce Lee's Jeet Kune Do  
Counter Trapping by Jesse Glover  
Curse of the Dragon  
Definitive Dan Inosanto Collection, Vol. 1: Jun Fan Gung Fu / JKD Kickboxing  
Definitive Dan Inosanto Collection, Vol. 2: Jun Fan Gung Fu / JKD Trapping  
Definitive Dan Inosanto Collection, Vol. 3: Jun Fan Gung Fu / JKD Grappling  
Definitive Dan Inosanto Collection, Vol. 4: Kali / Pantukan  
Definitive Dan Inosanto Collection, Vol. 5: Kali/ Dumog  
From Gung Fu to Grappling by Ed Hart  
Functional Jeet Kune Do, Vol. 1, Aliveness by Matt Thornton  
Functional Jeet Kune Do, Vol. 2, The Clinch by Matt Thornton  
Functional Jeet Kune Do, Vol. 3, The Ground by Matt Thornton  
James Demile Chi Sao Vol. 1  
James Demile Chi Sao Vol. 2  
Japanese Jeet Kune Do  
Jeet Kune Do by Howard Williams  
Jeet Kune Do by Tim Tackett  
Jeet Kune Do by Yori Nakamura  
Jeet Kune Do Concepts 1 by Burt Richardson  
Jeet Kune Do Concepts 2 by Burt Richardson  
Jeet Kune Do Concepts 3 by Burt Richardson  
Jeet Kune Do Concepts, part 1 by Dan Inosanto  
Jeet Kune Do Concepts, part 2 by Dan Inosanto  
Jeet Kune Do Concepts, Vol. 1, Introduction to Jun Fan Gung Fu by Rick Tucci  
Jeet Kune Do Filipino Martial Arts Vol. 2 Jun Fan Kickboxing Vol. 2 by Paul Vunak  
Jeet Kune Do, series 1, Vol. 1, Foundation by Jerry Poteet  
Jeet Kune Do, series 1, Vol. 2, Dynamics of Hitting & Kicking by Jerry Poteet  
Jeet Kune Do, series 1, Vol. 3, Trapping - The Nucleus of JKD by Jerry Poteet  
Jeet Kune Do, series 1, Vol. 4, The 5 Ways of Attack by Jerry Poteet  
Jeet Kune Do, series 1, Vol. 5, Equipment & Supplemental Training by Jerry Poteet  
Jeet Kune Do: Power Hitting & Kicking by Tim Tackett

Jeet Kune Do: Trapping Hands for Combat by Tim Tackett  
Jerry Poteet's JKD Series 2, Vol. 1  
Jerry Poteet's JKD Series 2, Vol. 2  
JKD Chi Sao Training by Gary Dill  
JKD: Body Weapon DVD by Michael Wong  
JKD: Combat Zone DVD by Michael Wong  
JKD: Lock and Hold DVD by Michael Wong  
JKD: Weapon Training DVD by Michael Wong  
JKD Scientific Street Fighting, Vol. 1, Fundamental JKD Combat Skills by Jerry Beasley  
JKD Scientific Street Fighting, Vol. 2, Fundamental JKD Combat Strategies by Jerry Beasley  
JKD Scientific Street Fighting, Vol. 3, JKD Hand Immobilization Attacks (HIA) by Jerry Beasley  
JKD Scientific Street Fighting, Vol. 4, Full Contact Fighting Jun Fan Style, Vol. 1 by Jerry Beasley  
JKD Scientific Street Fighting, Vol. 5, Full Contact Fighting Jun Fan Style, Vol. 2 by Jerry Beasley  
JKD Streetfighting Series, Vol. 1, The Straight Blast  
JKD Streetfighting Series, Vol. 11, Attributes III by Paul Vunak  
JKD Streetfighting Series, Vol. 12, Attributes IV by Paul Vunak  
JKD Streetfighting Series, Vol. 14a, Anatomy of a Street Fight I by Paul Vunak  
JKD Streetfighting Series, Vol. 19, Kinomutai by Paul Vunak  
JKD Streetfighting Series, Vol. 2, Dumog by Paul Vunak  
JKD Streetfighting Series, Vol. 3, Headbutts, Knees, & Elbows by Paul Vunak  
JKD Streetfighting Series, Vol. 4, Bruce Lee's Energy Drills by Paul Vunak  
JKD Streetfighting Series, Vol. 5, Panajakman by Paul Vunak  
JKD Streetfighting Series, Vol. 6, Advanced Knife Fighting by Paul Vunak  
JKD/Kali, Vol. 1 by Ted Lucaylucay,  
JKD/Kali, Vol. 2 by Ted Lucaylucay,  
JKD/Kali, Vol. 3 by Ted Lucaylucay,  
JKD/Kali, Wooden Dummy by Ted Lucaylucay  
Jun Fan Gung Fu Vol. 1 - JKD Trapping (Balicki)  
Jun Fan Gung Fu, Vol. 2: JKD Kickboxing by Ron Balicki  
Jun Fan Jeet Kune Do Instructor's Series, Vol. 1 by Ron Balicki

Jun Fan Jeet Kune Do Instructor's Series, Vol. 2 by Ron Balicki  
Jun Fan Jeet Kune Do Instructor's Series, Vol. 3 by Ron Balicki  
Jun Fan Jeet Kune Do Instructor's Series, Vol. 4 by Ron Balicki  
Jun Fan Jeet Kune Do Instructor's Series, Vol. 5 by Ron Balicki  
Jun Fan Jeet Kune Do Instructor's Series, Vol. 6 by Ron Balicki  
Jun Fan Jeet Kune Do Instructor's Series, Vol. 7 by Ron Balicki  
Jun Fan Jeet Kune Do Instructor's Series, Vol. 8 by Ron Balicki  
Jun Fan/Jeet Kune Do Complete, Vol. 11, Chi Sao by Lamar Davis  
Jun Fan/Jeet Kune Do Complete, Vol. 6, Hand & Leg Defense by Lamar Davis  
Jun Fan/Jeet Kune Do Complete, Vol. 7, Energy/Sensitivity I by Lamar Davis  
Jun Fan/Jeet Kune Do Complete, Vol. 8, Energy/Sensitivity I by Lamar Davis  
Jun Fan/Jeet Kune Do Trapping Skills, Vol. 1 by Steve Grody  
Jun Fan/Jeet Kune Do Trapping Skills, Vol. 2 by Steve Grody  
Jun Fan/Jeet Kune Do Trapping Skills, Vol. 3 by Steve Grody  
Jun Fan/Jeet Kune Do Trapping Skills, Vol. 4 by Steve Grody  
Lamar Davis Seminar  
Larry Hartsell Jun Fan/JKD Close Range Combat, Vol. III  
Larry Hartsell Jun Fan/JKD Close Range Combat, Vol. IV  
Legend of Bruce Lee  
Mastering JKD Concepts & Filipino Martial Arts, Vol. 1, Jun Fan Kickboxing, Vol. 1 by Paul Vunak  
Mastering JKD Concepts & Filipino Martial Arts, Vol. 2, Jun Fan Kickboxing, Vol. 2 by Paul Vunak  
Mastering JKD Concepts & Filipino Martial Arts, Vol. 3, Trapping by Paul Vunak  
Mastering JKD Concepts & Filipino Martial Arts, Vol. 4, Wing Chun Dummy Training by Paul Vunak  
Mastering JKD Concepts & Filipino Martial Arts, Vol. 5, Knife Fighting by Paul Vunak  
Mastering JKD Concepts & Filipino Martial Arts, Vol. 6, Filipino Stick Fighting by Paul Vunak  
Original JKD Camp with Ted Wong, Joe Lewis, & Jerry Beasley  
Power Punching by Jesse Glover  
Rare Bruce Lee Footage I  
Rare Bruce Lee Footage II  
Sui Lim Tau by Bruce Lee

Ted Wong Interview

Tactical Jeet Kune Do, Vol. 5: The Ways of Attack by William Holland

The Real Bruce Lee

World Jeet Kune Do Federation Level 2

World Jeet Kune Do Federation Level 3

World Jeet Kune Do Federation Level 4

World Jeet Kune Do Federation Level 5

World Jeet Kune Do Federation Level 6

## **Judo**

65 throws of Judo, Vol. 1 from the National Judo Institute & the U.S. Judo Association

Complete Judo, Vol. 1, Pinning and Transition Techniques by Mike Swain

Complete Judo, Vol. 2, Pinning Chokes and Armlocks by Mike Swain

Complete Judo, Vol. 3, Hand Throws and hip Throws by Mike Swain

Complete Judo, Vol. 4, Leg throws and Sacrifice Techniques by Mike Swain

Complete Judo, Vol. 5, Pinning Combinations and Counters by Mike Swain

Judo: The True Story and Legend

Katame No Kata by the National Judo Institute & the United States Judo Association

Nage No Kata from the National Judo Institute & the U.S. Judo Association

## **Martial Arts Movies and Television Shows**

7 Brides for 7 Brothers

Batman & the Green Hornet 1

Batman & the Green Hornet 2

Billy Jack

Billy Jack Goes to Washington

Born Losers

By the Sword (fencing movie)

Chinese Connection

Enter the Dragon

Fight Science

Fists of Fury

Karate Instructor (Jim Carrey)

Longstreet with Bruce Lee, Episode 2, Way of the Intercepting Fist  
Longstreet with Bruce Lee, Episode 9, Spell Legacy Like Death  
Longstreet with Bruce Lee, Episode 10, Wednesday's Child  
Longstreet with Bruce Lee, Episode 12, "I See" Said the Blind Man  
Return of the Dragon  
Rocky  
Rocky II  
Rocky III  
Rocky IV  
Rocky V  
The Greatest: Bruce Lee, The Learning Channel  
The Green Hornet with Bruce Lee, Disk 1, episodes 1-4  
The Green Hornet with Bruce Lee, Disk 2, episodes 5-8  
The Green Hornet with Bruce Lee, Disk 3, episodes 9-12  
The Green Hornet with Bruce Lee, Disk 4, episodes 13-16  
The Green Hornet with Bruce Lee, Disk 5, episodes 17-20  
The Green Hornet with Bruce Lee, Disk 6, episodes 21-24  
The Green Hornet with Bruce Lee, Disk 7, episodes 25-26  
The Green Hornet with Bruce Lee, Disk 8, Batman episodes  
The Trial of Billy Jack

### **Miscellaneous Grappling Arts**

Catch Wrestling: The Lost Art of Hooking, Vol. 1 - Ground Domination 1 by Tony Cecchine  
Catch Wrestling: The Lost Art of Hooking, Vol. 10 - Hooking Combinations by Tony Cecchine  
Catch Wrestling: The Lost Art of Hooking, Vol. 2 - Ground Domination 2 by Tony Cecchine  
Catch Wrestling: The Lost Art of Hooking, Vol. 3 - Arm Manipulations 1 by Tony Cecchine  
Catch Wrestling: The Lost Art of Hooking, Vol. 4 - Arm Manipulations 2 by Tony Cecchine  
Catch Wrestling: The Lost Art of Hooking, Vol. 5 - Neck Manipulations 1 by Tony Cecchine  
Catch Wrestling: The Lost Art of Hooking, Vol. 6 - Neck Manipulations 2 by Tony Cecchine  
Catch Wrestling: The Lost Art of Hooking, Vol. 7 - Leg Manipulations 1 by Tony Cecchine  
Catch Wrestling: The Lost Art of Hooking, Vol. 8 - Leg Manipulations 2 by Tony Cecchine  
Catch Wrestling: The Lost Art of Hooking, Vol. 9 - Leg Manipulations 3 by Tony Cecchine  
Frank Shamrock's Advanced Submissions Vol. 1 - Guaranteed Submission Combinations

Frank Shamrock's Advanced Submissions Vol. 2 - Give Up Your Back and Win  
Frank Shamrock's Advanced Submissions Vol. 3 - Advanced Control and Submission  
Frank Shamrock's Advanced Submissions Vol. 4 - Submission Fighting Training Games  
Grappling Drills by Stephan Kesting  
Kazushi Sakuraba Instructional  
Mark Kerr's Advanced Takedowns  
Mark Kerr's Intermediate Takedowns  
Mark Kerr's Takedown Fundamentals  
Oklahoma State Wrestling, High Crotch Takedowns by Pat Smith  
Oklahoma State Wrestling, Low Ingle Leg Takedowns by Pat Smith  
Secrets of the Legends in Paradise  
Secrets of the Legends in Paradise, Vol. 3  
Throw 'em and Hook 'em by Matt Furey  
Ultimate Wrestling for Vale Tudo and Submission Wrestling, Vol. 1 by Darrel Gholar  
Ultimate Wrestling for Vale Tudo and Submission Wrestling, Vol.2 by Darrel Gholar  
Winning Techniques of Submission Grappling Vol. 1 - The Arm Drag Series by Marcel Garcia  
Winning Techniques of Submission Grappling Vol. 2 - Mastering the Back by Marcel Garcia  
Winning Techniques of Submission Grappling Vol. 3 - The Guard (The X-Guard) by Marcel Garcia  
Winning Techniques of Submission Grappling Vol. 4 - The X-Guard by Marcel Garcia  
Winning Techniques of Submission Grappling Vol. 5 - Taking the Back by Marcel Garcia  
Winning Techniques of Submission Grappling Vol. 6 - Advanced Submissions by Marcel Garcia

### **Miscellaneous Martial Arts**

African Martial Arts, Vol. 1, Empty Hands by Kilindi Iyi  
African Martial Arts, Vol. 2, Weapons by Kilindi Iyi  
Cane Masters, Vol. 1  
Chuck Jeffrey's Demo Tape  
Joe Singleton's Black Belt Test, March 1990  
Krav Maga: The Best Defense by Darren Levine and Eyal Yanilov  
Krav Maga: Line of Fire by Darren Levine and Eyal Yanilov  
Legends of the American Martial Arts

Modern Warrior's: The Martial Way

Savate: History & Traditions with Salem Assli

### **Mixed Martial Arts**

Bas Rutten Superior Free Fighting Techniques Vol. 1 - Basic Stances, Footwork, Kicking, Punching

Bas Rutten Superior Free Fighting Techniques Vol. 2 - Arm-bars and Armlocks

Bas Rutten Superior Free Fighting Techniques Vol. 3 - Leg-locks, Leg-bars, and Ankle Holds

Bas Rutten Superior Free Fighting Techniques Vol. 6 - Mixed Martial Arts Workout DVD

Bas Rutten's Extreme Pancrase vol 2: Stand up Striking Combinations, Clinching, & Ground Striking

Bas Rutten's Extreme Pancrase vol 7: Groundfighting Reversals & Escapes

Bas Rutten's Extreme Pancrase vol 8: Takedowns, Set Ups, & Submission Ground Fighting

Boxing Techniques for Vale Tudo by Vitor Belfort

Fighter's Notebook, The DVDs, Vol. 1

Fighter's Notebook, The DVDs, Vol. 2

Hardcore Training Straight Blast Gym by Adam and Rory Singer

Into Combat S.A.I.D. Training: Mixed Martial Arts by J.C. Santana & Rhadi Ferguson

Learn to Fight and Win with Dan Henderson Vol. 1 Controlling On Top

Learn to Fight and Win with Dan Henderson Vol. 2 Working For Submissions

Learn to Fight and Win with Dan Henderson Vol. 4 Take Downs

Learn to Fight and Win with Dan Henderson Vol. 5 Chokes and Head Control

Learn to Fight and Win with Dan Henderson Vol. 6 The Fight Clinic

Learn to Fight and Win with Frank Shamrock Vol. 1 - Power Striking

Learn to Fight and Win with Frank Shamrock Vol. 2 - Avoid the Takedown

Learn to Fight and Win with Frank Shamrock Vol. 3 - Escape from the Ground

Learn to Fight and Win with Frank Shamrock Vol. 4 - Instant Submissions

Learn to Fight and Win with Frank Shamrock Vol. 6 - The Fight Clinic

Learn to Fight and Win with Pat Miletich Vol. 1 Stand Up Fighting

Learn to Fight and Win with Pat Miletich Vol. 2 Make Them Pay For Missing

Learn to Fight and Win with Pat Miletich Vol. 3 Muay Thai Pad Combinations

Learn to Fight and Win with Pat Miletich Vol. 4 Submission Escapes

Learn to Fight and Win with Pat Miletich Vol. 5 Gaining Ground Positions

Learn to Fight and Win with Pat Miletich Vol. 6 The Fight Clinic  
Learn to Fight and Win with Randy Couture Vol. 1 Special Tactics  
Learn to Fight and Win with Randy Couture Vol. 2 Clinch Take Downs From The Dominant Position  
Learn to Fight and Win with Randy Couture Vol. 3 Closing The Distance  
Learn to Fight and Win with Randy Couture Vol. 4 Take Downs For Grappling  
Learn to Fight and Win with Randy Couture Vol. 5 Ground Fighting From A Wrestler's Perspective  
Learn to Fight and Win with Randy Couture Vol. 6 The Fight Clinic  
Secrets of the Octagon, Vol. 1, Strikes  
Secrets of the Octagon, Vol. 2, Takedowns & Shooting  
Secrets of the Octagon, Vol. 3, Submissions  
Secrets of the Octagon, Vol. 4, Escapes  
Secrets of the Octagon, Vol. 5, Training & Conditioning  
UFC Ultimate Knockouts, Vol. 1  
UFC Ultimate Knockouts, Vol. 2

## **Sambo**

Advanced Sambo, Vol. 1, by Oleg Taktarov  
Advanced Sambo, Vol. 2, by Oleg Taktarov  
Advanced Sambo, Vol. 3, by Oleg Taktarov  
Championship Sambo by Steve Scott  
Classic Sambo, Vol. 1, by Oleg Taktarov  
Classic Sambo, Vol. 2, by Oleg Taktarov  
Classic Sambo, Vol. 3, by Oleg Taktarov  
Classic Sambo, Vol. 4, by Oleg Taktarov  
Classic Sambo, Vol. 5, by Oleg Taktarov  
Combat Sambo, Vol. 4, Armbars & Wristlocks by Tony Lopez  
Secrets of Military Sambo by Oleg Taktarov  
Secrets of Submission Grappling, Vol. 1 by Mario Sperry  
Secrets of Submission Grappling, Vol. 2 by Mario Sperry  
Secrets of Submission Grappling, Vol. 3 by Mario Sperry  
Secrets of Submission Grappling, Vol. 4 by Mario Sperry

Secrets of Submission Grappling, Vol. 5 by Mario Sperry  
Ultimate Leglocks of Sambo by Igor Yakamov

### **Self-Defense**

Armed to the Teeth, Vol. 1 by Sammy Franco  
Armed to the Teeth, Vol. 2 by Sammy Franco  
Barroom Brawling by Peyton Quinn & Marc MacYoung  
Bas Rutten's Lethal Street Fighting Self Defense System  
Contemporary Fighting Arts - Street Stick Fighting by Sammy Franco  
How to Beat a Grappler, vols. 1 & 2 by Tony Blauer  
In Your Face by Sammy Franco  
Surviving Edged Weapons  
Widowmaker Program by Sammy Franco  
World's Wildest Street Fights

### **Seminars/Demonstrations**

Alfonse Tamez Seminar, Oct. 1983, Pittsburgh  
CSW 2001 Seminar, Stand Up I by Erik Paulson  
CSW 2001 Seminar, Stand Up II by Erik Paulson  
CSW 2001 Seminar, Triangles I by Erik Paulson  
CSW 2001 Seminar, Triangles II by Erik Paulson  
Dan Inosanto Seminar, 1984, Youngstown  
Dan Inosanto Seminar, Feb. 1986, Pittsburgh  
Dan Inosanto Seminar, Feb. 1992, Gaithersburg  
Dan Inosanto Seminar, Feb. 1994, Columbia  
Dan Inosanto Seminar, Feb. 1997, Columbia  
Dan Inosanto Seminar, Mar. 1984, Baltimore  
Dan Inosanto Seminar, mid-1990, Columbia  
Dan Inosanto Seminar, Mar. 1993, Baltimore  
Doce Pares Seminar & Stick Fighting Tournament  
Herman Suwanda Seminar, 1994, Chicago  
Larry Hartsell Seminar, 1992, Baltimore  
Masters Seminar, Temple University, 1979

Pak Herman Suwanda, Private Lesson, mid-90s  
Personal Video Clips, Inosanto Seminar, 1984, Baltimore  
Personal Video Clips: Pikiti Tirsia Summer Camp  
Pikiti Tirsia Summer Camp, 1984, Washington, PA.  
Straight Blast Gym, Florida Seminar by Matt Thornton  
William Cheung Seminar, 1982, Bethesda

## **Tai Chi/Qigong**

An Introduction to Tai Chi  
Beijing Short Form Tai Chi (in Chinese)  
China's Living Treasures, Vol. 2, Tai Chi Chuan, part 1  
China's Living Treasures, Vol. 3, Tai Chi Chuan, part 2  
China's Living Treasures, Vol. 41, Wu/Hao Taijiquan Long Form (Part 1)  
Combined Taijiquan in 48 forms, part 1  
Combined Taijiquan in 48 forms, part 2  
Discovering Qi Gong  
Essence of Traditional Chen Style 18 Posture Short Form  
Healing Power of Chi Kung  
Modified Sitting Tai Chi by Dave Foulk  
Orthodox Chinese Tai Ji Quan  
Simply Tai Chi  
Sun Style Tai Chi  
Sun Style Tai Chi, Taste of Tai Ch Chuan, 10 From  
Sun Style Tai Chi by Sun Anguang  
Sun Tai Chi & Hao Tai Chi Master's Demonstrations  
Tai Chi Anywhere by Dr. Paul Lam  
Tai Chi Chuan by Marshall Ho'o  
Tai Chi Chuan History & Philosophy by Dan Lee  
Tai Chi Dragon Fan by Bow Sim Mark  
Tai Chi for Arthritis by Paul Lam  
Tai Chi for Beginners  
Tai Chi for Health Yang Long Form by Terry Dunn  
Tai Chi for the Mind & Body by David Carradine

Tai Chi Forms: 10-form Yang, 16-form Yang, 16-form Spear, 26-form Hao  
Tai Chi Single Fan  
Tai Chi Two Man Drills  
Tai Chi: The Ultimate Fitness, Wu (Hao) Style first 24 movements  
Taste of Tai Chi: Chen Style Tai Chi 10 Form by Jiang Jian-ye  
Traditional Five Families Tai Chi Chuan Demonstration/Workshop  
Traditional Sun Style Tai Chi, 35 Forms Simplified  
Traditional Sun Style Tai Chi, part I  
Traditional Sun Style Tai Chi, part II  
Traditional Wu (Hao) Style Tai Chi, part I by Jiang Jian-ye  
Traditional Wu (Hao) Style Tai Chi, part II by Jiang Jian-ye  
Yang Simplified Short Form Tai Chi by Dave Foulk

### **Thai Martial Arts**

100 Workout Muay Thai Exercises  
Ancient Krabi Krabong by the Buddhai Swan Institute of Swordsmanship  
Art of Muay Thai, Vol. 1 by Yodthong Senanan  
Art of Muay Thai, Vol. 2 by Yodthong Senanan  
Bang! Full Force Fighting Secrets - Advanced Hands by D. Ludwig  
Bang! Full Force Fighting Secrets - Advanced Kicks and Knees by D. Ludwig  
Bang! Full Force Fighting Secrets -- Basic Strikes by D. Ludwig  
Bang! Full Force Fighting Secrets - Pad Drills by D. Ludwig  
Bang! Full Force Fighting Secrets -- Stretching/Basic Kicks and Knees by D. Ludwig  
Krabi Krabong for Dog Brothers Martial Arts by Arlan "Salty Dog" Sanford  
Krabi Krabong U.K. Seminars 1999, Vol. 1 by the Buddhai Institute of Swordsmanship  
Krabi Krabong U.K. Seminars 1999, Vol. 2 by the Buddhai Institute of Swordsmanship  
Krabi Krabong U.K. Seminars 2001: Muay Boran by the Buddhai Institute of Swordsmanship  
Krabi Krabong U.K. Seminars 2003 by the Buddhai Institute of Swordsmanship  
Krabi Krabong, Private Lesson, Aug. 1995  
Mastering Thai Kickboxing: History & Traditions with Pudpad Noy Worawoot  
Muay Thai Clinch DVD with Malaipet  
Muay Thai Instructional Vol.1 by Duke Roufus  
Muay Thai Instructional Vol.2 by Duke Roufus

Muay Thai K1 Super Techniques by Ernest Hoost  
Muay Thai Knockout - Lesson 1 by Kumron Vaitayanon  
Muay Thai Knockout - Lesson 2 by Kumron Vaitayanon  
Muay Thai Vol.1 - Power Punching by Peter Aerts  
Muay Thai: Mechanics Drills by Saekson Janjira  
Muay Thai: Special Training Drills by Saekson Janjira  
Pride Fights : Hardcore Knockouts 2004, Vol. 1  
Vicious Vixens - Muay Thai Basics Vol. 1 Muay Thai Basics  
Winning Muay Thai Vol. 1 - Kickboxing Techniques, Training, & Strategies by Rob Kamen  
Winning Muay Thai Vol. 2 – Clinching and Knee Combinations by Rob Kamen

### **Wing Chun**

108 Wooden Dummy Motions, Part 1, by Randy William  
Beginning Wing Chun Vol. 1 by Alan Gibson  
Beginning Wing Chun Vol. 1 by Alan Gibson  
Faht Shan Wing Chun: Chi Sau Sticky Hands by Eddie Chong  
Faht Shan Wing Chun: Sil Lim Tao – Chum Kui – Bil Gee by Eddie Chong  
Faht Shan Wing Chun: Wooden Dummy – Six & a Half Point Staff – Bakt Juam Doe by Eddie Chong  
Integrative Wing Chun All-Range Fighting with Sifu Chung Kwok Chow Vol. 2 - Close Range Sticky Hands  
Integrative Wing Chun All-Range Fighting with Sifu Chung Kwok Chow Vol. 3 - Ground Range Submissions  
Integrative Wing Chun All-Range Fighting with Sifu Chung Kwok Chow Vol. 1 - Siu-Lim-Tau Form  
Mastering Wing Chun: 108 Muk Yan Jong Wooden Dummy Form by Augustine Fong  
Muk Yan Chong JKD Sets by Joaquin Almeria  
Muk Yan Chong Jun Fan Sets by Joaquin Almeria  
The Mook Jong Slam Vol. 1 Set by Joseph Simonet  
The Mook Jong Slam Vol. 2 Set by Joseph Simonet  
Wing Chun Forms Video Clips  
Wing Chun Gung Fu: Combat Drills by Randy Williams  
Wing Chun Gung Fu: Wooden Dummy Training, Part 1 (Advanced Drills) by Randy Williams  
Wing Chun Kung Fu Volume 3: Wooden Dummy by William Cheung

Wing Chun Kung Fu Volume 5: Fighting Strategies by William Cheung  
Wing Chun Wooden Dummy Forms  
Wing Chun: 116 Movement Wooden Dummy form  
Wing Chun: 116 Wooden Dummy DVD by Michael Wong  
Wing Chun: Biu Jee DVD by Michael Wong  
Wing Chun: Chum Kiu DVD by Michael Wong  
Wing Chun: Fighting Art DVD by Michael Wong  
Wing Chun: Self Defense DVD by Michael Wong  
Wing Chun: Sil Lim Tao DVD by Michael Wong  
Wing Chun: The Science of In-Fighting by Wong Shun Leung  
Wing Tsun Combat Program by Victor Gutierrez  
Yip Man: The Master Collection  
Yong Chun Quan – Biao Zhi (Pan Nam Wing Chun)  
Yong Chun Quan - Wooden Figure Stake Dummy (Pan Nam Wing Chun)  
Yong Chun Quan – Xiao Lian Tou (Pan Nam Wing Chun)